

LENORE M SIKORSKI M.D.

CLINICAL PRACTICE

- 1994-Present *Director*, Lenore M Sikorski M.D. Inc, Laguna Niguel, CA
- 1994-Present *Director*, AAHC Surgery Center Natural Image OC, Laguna Niguel, CA
- 1994-1995 *Cosmetic Surgery Associate*, Dr. Pauline Martimbeau, TX
- 1992-1993 *Cosmetic Surgery Fellow*, Cosmetic Surgery Specialists, Edina, MN
- 1991-1992 *Dermatologist*, Sharp Rees-Stealy Specialty Group, San Diego, CA

ACADEMIC AND HOSPITAL AFFILIATIONS

- 1994-Present Hoag Hospital, *Hospital Consultant, on call staff*, Newport Beach, CA
- 1994-Present Mission Hospital, *Hospital Consultant*, Mission Viejo, CA
- 1994-Present University of California Irvine Healthcare Center, *Clinical Professor Dept of Dermatology*, Irvine, CA

SURGERY CENTERS

- 2004- Present *Executive & Medical Director*, AAAHC Natural Image Surgery Center, Laguna Niguel, CA
- 2004- Present *Staff*, Mission Hospital Ambulatory Surgery Center, Mission Viejo, CA

CLINICAL TRAINING

- 1996 Harvard Laser Course, Cambridge, MA
- 1994-1995 Phlebology Training, Pauline Martimbeau M.D., Dallas and Houston, TX
- 1992-1993 Graduate, Cosmetic Surgery Fellowship, Edina, MN
- 1989-1990 Resident, Department of Dermatology, Rochester, NY
- 1988 Intern, Stump Memorial Hospital, Rochester, NY

EDUCATION

1987	University of Rochester <i>M.D.</i>	Rochester, NY
1982	Bryn Mawr College <i>Post Baccalaureate Pre-Med</i>	Bryn Mawr, PA
1981	University of Pennsylvania <i>B.A. Cum Laude, Honors in Psychology</i>	Philadelphia, PA

BOARD CERTIFICATION

1996-Present	Diplomate, American Board of Cosmetic Surgery
1991-Present	Diplomate, American Board of Dermatology <i>Recertification 2001, 2009</i>

LICENSURE

1991-Present	State of California
1994-Present	State of Texas
1992-1994	State of Minnesota
1987-1991	State of New York

MEDICAL SOCIETIES

Member, American Society for Mohs Surgery
Fellow, California Association of Cosmetic Surgeons
Fellow, American Academy of Cosmetic Surgery
Member, Society for Laser Medicine and Surgery
Fellow, American Society of Dermatological Surgery
Past President, Orange County Dermatologic Society
Fellow, American Academy of Dermatology
Member, American College of Phlebology
Member, California Medical Society

Member, Orange County Medical Society

Member, The Liquid Facelift Association

HONORS AND AWARDS

1982 *Cum Laude*, 3.5 GPA, Post Baccalaureate Science Program, Bryn Mawr College

1981 *Cum Laude*, 3.5 GPA, University of Pennsylvania

1981 *Honors in Psychology*, University of Pennsylvania

1981 *Honors Thesis*: Dream Content in Relationship to Women's Menstrual Cycle

CLINICAL INSTRUCTION

1994-Present *Clinical Professor*, University of California Irvine Healthcare Center,
Irvine, CA

1994- 2000 *Clinical Professor*, Vein Workshop Training for Practicing Doctors, Central
Mexico

RESEARCH EXPERIENCE

1999 Correlating Factors in Flushing Post-Liposuction

1998 Psychological Reasons for Patients to Undergo Cosmetic Surgery

1995 Techniques in Reducing Post Op Nausea

1994 Lidocaine Levels in Facelift Patients

1990 "Rash Life" Expert on Masters Thesis Committee, University of Rochester Dept.
of Dermatology

1989 Early vs Late Dermabrasion of Linear Scars

PUBLICATIONS

1. Sikorski, LM. Face Lift Incisions. In Moy RL and Fincher, EF, eds. *Advanced Face Lifting*. Philadelphia, PA: Elsevier Inc; 2006: 19-36.
2. Sikorski, LM; Doty, RL, Kimmelman, CP; Dann, MS. University of Pennsylvania Smell Identification Test: a rapid quantitative olfactory function test for the clinic The Laryngoscope. 1984;94 (2 Pt 1): 176-8.

PRESENTATIONS

- 1994- Present Safety in Cosmetic Surgery
- 1996- Present State of the Art Treatments or Varicose Veins: Surgical & NonSurgical
- 1997- Present What's New IN Cosmetic Surgery
- 2000-Present Treatments and Prevention of Skin Cancer
- 1996- Present Natural Looking Cosmetic Surgery
- 2000- Present The Liquid Facelift
- 2000-Present What's New in Laser Treatments
- 2004- Present Volumizing the Face
- 2000- Present Nonsurgical Anti-Aging Treatments

ACTIVITIES

- 1965-1981 *New York City Junior Art Students League* and Private Studies with Renowned New York Artists, New York City, NY
- 1982 *Captain, #1 Singles* University of Pennsylvania's D1 Women's Tennis Team
- 1979 *#1 Women's Doubles, #2 Mixed Doubles* Eastern Tennis Association