

Facelift

Journee and Bio-Gel

Skin Rejuvenation

Latisse

Natural Image OC is based on the premise that cosmetic surgery doesn't have to leave you looking as if you had surgery. "Old School" surgical techniques created over-tightened, flat, wind-swept appearances that shouted "I've had plastic surgery!" Who wants that??

Dr. Sikorski's earlier training in Fine Arts gave her plenty of background in understanding how to create – and recreate – natural facial contours through surgery.

For 15 years she perfected artistic talents through drawing, painting and sculpting as a primary educational pursuit. Transitioning into Cosmetic Surgery put those finely honed skills and training to work right away.

Dr. Sikorski graduated at the top of her class from the University of Rochester Medical School; with high honors from Bryn Mawr College; and cum laude from the University of Pennsylvania. She is one of very few dual board certified physicians- a diplomat of the American Board of Cosmetic Surgeons and a diplomat of the American Board of Dermatology. This unusual level of complementary training has given rise to her reputation

Turn Back Time With a Facelift

Non-invasive treatments are an excellent way to correct mild to moderate damage or maintain a rejuvenated look. To correct more significant damage, though, the most effective technique remains the facelift.

This tried and true procedure can reverse the effects of sun exposure, stress, gravity and other factors that can cause the skin to sag and the face to appear older than it actually is. Although years ago, most facelift patients were in their fifties or sixties, more and more people in their forties are now finding that a facelift can take years off their appearance.

A facelift, or rhytidectomy is a surgical procedure designed to smooth and firm facial skin. It involves contraction and realignment of facial and neck skin, and sometimes also the removal of excess fat deposits. This can reduce sagging in the middle of the face, remove creases below the eyelids or along the sides of the nose, and restore muscle tone in the lower face to remove jowls or a double chin.

For even more dramatic results, a facelift may also be performed in combination with other surgical procedures such as an eyelid lift.

Because a facelift essentially restores the face and neck to a younger state, it re-sets the clock on aging and results last for many years.

To ask us a question about this procedure, or to schedule an appointment, [click here.](#)

Journee and Bio-Gel Make it Easy to Maintain Lovely Skin

In the past, professional skin rejuvenation treatments would re-invigorate the skin, but results faded quickly so treatments had to be repeated often to maintain skin condition.

Now it's easier than ever to extend the benefits of professional procedures. Journee and Bio-Gel, developed by Swiss skin care



as an expert in skin and facial surgery. She is an active clinical staff member in the Department of Dermatology at the University of California Irvine (UCI) and has served in this position since 1995.



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Seminar Schedule

Skin Care and Lasers

Join Dr. Sikorski for this informational seminar on ways to improve your skin with laser treatment.

expert Neocutis, offer at-home skin maintenance that helps maintain vitality while protecting the skin from further damage.

Both products combine an optimized mixture of human growth factors, cytokines and interleukins that work together to revitalize the skin. Called PSP or "Processed Skin Cell Proteins", this mixture was originally developed at the University Hospital of Lausanne, Switzerland to aid in wound healing and burn treatment. After it was found that PSP also helped stimulate the creation of new fibroblasts that reduce wrinkles, increase firmness and improve skin quality, Neocutis introduced a set of products designed to work together to enhance skin appearance and extend the results of professional treatments.

Journee is a daily restorative cream that counteracts the effects of aging while hydrating the skin. Containing SPF 30+, Journee is also a powerful sunscreen that shields the skin from both UVA and UVB rays.

Bio-Gel is an intensive treatment that has been clinically shown to reduce the appearance of wrinkles after two months of daily use. In addition to PSP, Bio-Gel also contains sodium hyaluronan, a major component of the extracellular matrix of the skin. In combination with growth factors, sodium hyaluronan plays a key role in wound healing.

Through September 30, you may purchase both Journee and Bio-Gel for just \$220 – this is a \$50 savings!

To learn more about Journee, Bio-Gel and PSP, please [click here](#).

To ask us a question about these products, or to purchase, [click here](#).

Mixto: the Next Generation of Skin Rejuvenation



Don't like compromising? Do you want the very best rejuvenation treatment for flawless skin?

This is one of the most effective procedures, producing phenomenal results in just one treatment.

Mixto is a fractional CO₂ laser that works by literally vaporizing wrinkles, acne scars, and enlarged pores right off of your face! It directs energy exclusively to a "fraction" of the area – the damaged sections - while leaving healthy, surrounding skin untouched. These untreated zones help dissipate energy so that treated areas heal faster; they also make it possible to

use greater energy on targeted areas, for more significant reduction of wrinkles, uneven skin tone and texture.

In contrast, older, non-fractional lasers deliver energy uniformly to both healthy and unhealthy skin. This results in longer healing times and less dramatic improvements.

Date: Thursday
Sept. 30, 2010

Location: Our Office

Time: 6:00 - 7:00 pm

Surgical Options Seminar

Join Dr. Sikorski for an educational seminar about facelifts, eyelifts and endoscopic browlifts. Dr. Sikorski will explain each procedure, show before and after photographs and answer questions.

Date: Wednesday
Oct. 20, 2010

Location: Our Office

Time: 6:00 - 7:00 pm

All attendees will receive 20% off the price of skin care products on the night of each seminar.

Please RSVP at 949-448-0487 or [click here](#)



NIA24™

Although Mixto produces excellent results on the face, it can also be used on the hands, arms, décolleté, and almost any other area where improvement in skin condition is desired.

To learn more about this procedure, and view before and after photos, please [click here](#).

To ask us a question about treatment, or to schedule an appointment, [click here](#).

Great Lashes Begin with Latisse



Thinning eyelashes are a common problem and can occur as a result of various allergies, usage of certain eye makeup, as a side effect of different medications or conditions, in response to exposure to toxins, after eye surgery, and from nutritional deficiencies. The most common culprit is often age, as hair on many parts of the

body starts to lose its fullness and luster.

Mascara and false eyelashes can provide the illusion of volume, but both of these solutions are temporary.

Now there's a way to improve the quality of the eyelashes themselves.

Latisse, a treatment from the maker of Botox, has recently been FDA approved to stimulate eyelash growth. In clinical trials, users experienced longer, fuller and darker eyelashes in as little as eight weeks, with full results appearing within 16 weeks. A once-daily prescription treatment, Latisse is applied to the base of the upper eyelashes with a sterile, single-use-per-eye disposable applicator.

Although Latisse was just introduced for eyelash growth last year, its active ingredient has a long history of use. In 2001, bimatoprost ophthalmic solution was approved in the U. S. for the reduction of elevated intraocular pressure in patients with open-angle glaucoma or ocular hypertension. Its long-term safety was studied in 32 clinical trials involving more than 5,700 patients conducted over 13 years. During that time, eyelash growth was observed as a side effect of treatment, leading to the further study and eventual introduction of Latisse.

To learn more about Latisse, and view before and after photos, please [click here](#).

To ask us a question about Latisse, or to purchase, [click here](#).

New Accreditation

We at Natural Image OC are pleased to announce that we have recently been accredited by the Accreditation Association for Ambulatory Health Care(AAAHC/Accreditation Association).

Accredited by the



**Congratulations to NIA24,
who is featured in IN STYLE's
2010 Best Beauty Buys!**

This is an important milestone in the continuing growth and success of our health care organization. Accreditation shows our commitment to providing the highest levels of quality care to our patients, and the same high level of conduct in our business practices. Accreditation by the AAAHC is proof of this commitment, and signifies that we have met the rigorous standards of a nationally recognized third party.

We are proud to have met the challenge of accreditation, and intend to consistently uphold the principles of quality improvement and patient care in the future.

Sincerely,

Lenore Sikorski, MD

**25500 Rancho Niguel Road
Suites 280 and 290
Laguna Niguel, CA 92677**

949-448-0487

Natural Image OC

September Specials

9/30/10 expiration



| Fraxel | | |
|--------------------|---------|----------|
| Per treatment | Special | Original |
| Cheeks | \$500 | \$700 |
| Face | \$600 | \$750 |
| Neck | \$500 | \$600 |
| Full Face and Neck | \$999 | \$1100 |

| Thermage | | |
|--|---------|----------|
| Full Face with Upper Neck (Excludes eyes) | Special | Original |
| | \$1900 | \$2500 |

| Jessner Peel | | |
|--------------|---------|----------|
| | Special | Original |
| | \$99 | \$130 |

| IPL | | |
|---------------------------------------|---------|----------|
| Face Package includes 3 treatments | Special | Original |
| | \$999 | \$1150 |

| 15% TCA Peel | | |
|--------------|---------|----------|
| | Special | Original |
| | \$190 | \$225 |

| Neocutis Package | | |
|------------------|---------|-------|
| Journee & Biogel | Special | Orig |
| | \$220 | \$270 |

Products

HQ + Moisturizer Package

Purchase AM and PM HQ Cream at original price and receive a complimentary: Fortified Moisturizer or Ultra Lite Moisturizer

(a \$20 - \$25 value)



cosmetic surgery & medcenter

949 448 0487
www.naturalimageoc.com